

Thera-Band® Latex Exercise Band

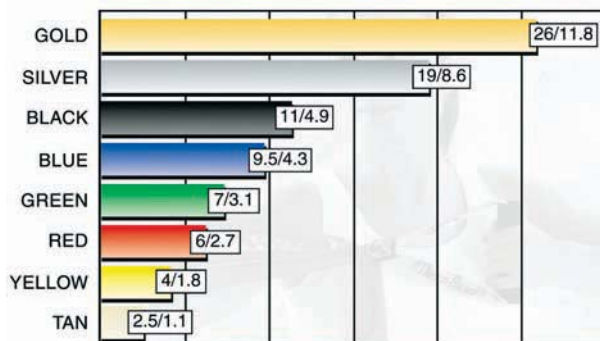
In addition to Cando® exercise band, we stock a full array of Thera-Band® exercise products. Thera-Band® latex exercise band can be used independently or as part of a progressive exercise program. See chart to the right for the resistance ratings. *Large gold band comes in 25 yard box. Band is 5" wide.

Color	Strength	6 yards		50 yards		30 5-foot pieces	
tan	xx-light	10-1016	12.75	10-1019	80.50		
yellow	x-light	10-1000	14.00	10-1006	90.00	10-1551	120.75
red	light	10-1001	15.25	10-1007	99.50	10-1552	136.50
green	medium	10-1002	16.50	10-1008	109.00	10-1553	152.25
blue	heavy	10-1003	17.75	10-1009	118.50	10-1554	168.00
black	x-heavy	10-1004	19.00	10-1010	128.00	10-1555	183.75
silver	xx-heavy	10-1017	29.00	10-1018	162.50		
gold	xxx-heavy	10-1080	39.00	10-1081*	220.50*		

*25 yard band

System of Progressive Resistance

Pounds/Kilograms of Force at 100% Elongation



Thera-Band® No Latex Band

Thera-Band® bands are also available in a latex-free formulation. Latex-free Thera-Band® is 4" in width and comes in 25 yard dispenser packages.

Color	Strength	25 yard	
yellow	x-light	10-1236	47.50
red	light	10-1237	52.50
green	medium	10-1238	57.75
blue	heavy	10-1239	63.00
black	x-heavy	10-1240	68.25



Thera-Band® Latex Exercise Tubing

Tubing is made of natural rubber. Resistance levels, obtained by varying the thickness of the Thera-Band® tubing, are color coded in proprietary Thera-Band® colors increasing in difficulty through seven levels from tan through silver. The color-coding system provides positive reinforcement and feedback for gauging results.

Color	Strength	25 feet		100 feet	
tan	xx-light	10-1310	12.60	10-1320	47.00
yellow	x-light	10-1311	14.70	10-1321	55.00
red	light	10-1312	16.80	10-1322	63.00
green	medium	10-1313	18.90	10-1323	71.00
blue	heavy	10-1314	21.00	10-1324	79.00
black	x-heavy	10-1315	23.10	10-1325	87.00
silver	xx-heavy	10-1316	25.20	10-1326	90.00



handles sold separately



Thera-Band® resistive exercise band

The Scientific and Clinical Application of Elastic Resistance



The exercises in this book may be used as a reference for clinicians or other professionals interested in using new exercises or adapting old ones.

10-4450 book 55.00

Thera-Band® band/tubing sets in retail display packaging

Exercise band and tubing sets contain pre-cut pieces of exercise band or tubing. Each piece is 5'; a set contains one each of the colors indicated in parenthesis.

Product	Price
Latex exercise band sets	
10-1036 light (yellow, red and green)	11.50
10-1037 heavy (blue and black)	11.50
Latex-free exercise band sets	
10-1041 light (yellow, red and green)	13.25
10-1042 heavy (blue and black)	15.75
Latex exercise tubing sets	
10-1327 light (yellow, red and green)	11.50
10-1328 heavy (blue and black)	11.50

