

Ensure Powder

(Abbott)



Complete, balanced nutrition for oral supplementation or tube feeding.

Ensure may be used to supplement diet to increase intake of calories and nutrients or to maintain good nutrition. Additionally Ensure may be substituted for meals or portions of meals for control/reduction of calories and nutrients intake. Ensure is free of Gluten and lactose.

Contains: Hydrolyzed Corn Starch, Corn Oil, Sodium and Calcium Caseinate, Sucrose, Minerals (Potassium Citrate, Sodium Citrate, Magnesium Chloride, Potassium Chloride, Calcium Phosphate Tribasic, Zinc Sulfate, Ferrous Sulfate, Manganese Sulfate, Cupric Sulfate, Sodium Molybdate, Chromium Chloride, Sodium Selenite, Potassium Iodide, Soy Protein Isolate, Artificial vanilla flavour, Soy Lecithin, Vitamins (choline Chloride, Ascorbic Acid, Alpha-tocopherol Acetate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Phylloquinone, Cyanocobalamin, Vitamins D

Dosage: To prepare a 250ml feeding, put 200ml of cold water in a glass. Gradually add 6 level scoops (enclosed) or 55.8g of Ensure powder, while stirring and mix until dissolved. When mixed as directed, Ensure provides approximately 1kcal per ml. For flavour variety you may add standard food flavourings (chocolate, fruit, nut, etc.) Cautionary Instruction: Not for parental use. Not intended for use in children under 4 years.