

# Boost (Novartis)



## **Nutritionally balanced oral supplement with fiber and FOS.**

Each serving contains 3 grams of fiber to help maintain regularity and promote good digestive health.

240 calories per can.

17% Protein (Milk Protein Concentrate)

67% Carbohydrates (Corn Syrup Solids, Sugar)

16% Fat (Canola, High Oleic Sunflower and Corn Oil)

Caloric Density: 1.01 cal/mL

Non-protein Calorie: Nitrogen Ratio: 128:1

Water Content: 840mL/1000mL

100% RDI: 1180mL

Osmolality: 600-650 mOsm/kg water

Fiber Content (Source): Fructo-oligosaccharides (FOS), Partially Hydrolyzed Guar Gum (Benefiber),

Microcrystalline Cellulose

Lactose-free and gluten-free

**Flavour(s) Available** Vanilla

**Packaging** 237ml per can